2021 | 1442 AH

The Spiritual Season

Project Booklet

Under the Guidance of Moulana Nabi R. Mir (Abidi)

Important dates in Rajab

1st	Wilādah of Sayyidah Sakinah (ʿa), daughter of Imām Ḥusayn (ʿa), and wilādah of Imām Muḥammad al-Bāqir (ʿa)
3rd	Shahādah of Imām ʿAlī an-Naqī (ʿa)
10th	Wilādah of Imām Muḥammad at-Taqī (ʿa)
13th	Wilādah of Imām ʿAlī (ʿa)
24th	Battle of Khaybar won by Imām ʿAlī (ʿa)
25th	Shahādah of Imām Mūsā al-Kāẓim (ʿa)
27th	Eid al-Mabʿath and Miʿrāj
28th	Imām Ḥusayn (ʿa) leaves Medina; Journey to Karbala begins

Important dates in Shaʿbān

1st	Wilādah of Sayyidah Zaynab (ʿa), daughter of Imām ʿAlī (ʿa)
3rd	Wilādah of Imām Ḥusayn (ʿa)
4th	Wilādah of Ḥaḍrat ʿAbbās (ʿa), son of Imām ʿAlī (ʿa)
5th	Wilādah of Imām Zayn ul-ʿĀbidīn (ʿa)
13th	Wilādah of Ḥaḍrat ʿAlī al-Akbar (ʿa), son of Imām Ḥusayn (ʿa)
15th	Wilādah of Imām Muḥammad al-Mahdī (ʿaj)

Visit **kisakids.org/collections** for more project booklets,
and go to **kisakids.org/donate** to help us continue our efforts.
Please recite a Fātiḥah for the marhumin of those
who contributed to this booklet.

INFORMATION AND INSPIRATION:

imam-us.org
Islam from the Start - How to Ask for Forgiveness
Wali ul Asr - Eid al-Mabath
Little Leaders From Heaven by Kisa Kids
Towards Jannah - 10 Ways to Connect to Imam Mahdi

Buzz Ideazz - Rajab Idea 7: Arts and Crafts for this month
Oriental Trading - Romans Road Sign
Danielle's Place - Layered Christmas Book Craft

cover:
freepik.com

بِسۡمِ اللّٰہِ الرَّحۡمٰنِ الرَّحِیۡمِ

Salāmun ʿalaykum,

May Allah bless us, our families, and our communities. My tabrīkāt, taḥiyyāt, best wishes, and congratulations to the Imām of our time, Imām al-Mahdī (ʿaj), our great marājiʿ and scholars, and to the Muslim ummah on the beginning of the spiritual season, the blessed months of Rajab, Shaʿbān, and Ramaḍān.

In the old times, people used to travel through the desert on camels. Sometimes, travelers would get lost in the desert. If this happened, they would slaughter the camels, and use the camel for nourishment, shelter and clothing, and even as a means of protecting themselves from predatory animals. Although they could survive for many days with their camels, sometimes the travelers would run out of all of their resources and have nothing left. They would then split up into smaller groups, hoping to find the right path. Still, it was difficult to find water in the desert. If one lucky person happened to find water, they would say, "waṣāltū Rajab!" meaning "I have reached hope and life!" Water symbolizes life. This is the beautiful meaning of Rajab, the beginning of a season filled with life, hope, and growth. This month is called Rajab because it is the month of hope, life, blessings, and forgiveness. In fact, the month of Rajab is called Rajab al-Murajjab, which means that Allah's blessings are not just raining down, but they are pouring down.

Rajab is the month of Allah and forgiveness. Shaʿbān is the month of the Noble Prophet (ṣ), of adorning ourselves with good deeds and reciting the blessings and salutations upon the Noble Prophet (ṣ) and his Ahl al-Bayt (ʿa). Lastly, Ramaḍān is the month where the believers become the guests of Allah. Let us take advantage of this spiritual season filled with the special mercies of Allah. By understanding the beauty of the months, inshāʾAllāh we become better prepared to take advantage of them and grow closer to Him.

During these blessed months, let us focus on increasing our spirituality in order to get closer to Allah. Through the teachings of the Qurʾān and the Ahl al-Bayt (ʿa), create an environment of worship in the home for our children, and encourage them to do ʿibādah with you. Under the circumstances of Covid-19, we are having to find other ways of practicing our faith and remembering the Ahl al-Bayt (ʿa), but alḥamdulillāh, we have been blessed with so many skills and tools that can help us.

In honor of these blessed months, and the beginning of the spiritual season in 2021/1442, we are pleased to launch the fifth annual Spiritual Season Project Booklet. This booklet includes six lesson plans that have been put together in collaboration with scholars and educators. We pray these projects will assist in planting the love of our Ahl al-Bayt (ʿa) in our children and serving the oppressed of the world through prayer and good deeds. By following the right role models and serving Allāh's creatures all around the earth, inshāʾAllāh we become closer to Him.

Our humble request is to create a two-way connection by all of us sharing our expertise and experiences and avoiding duplicated work, in order to maximize our potential. Please share your ideas, experiences, and successes with us, so that together, we can all move forward and build a global network. You may send any questions, suggestions, or feedback to info@kisakids.org, and inshāʾAllāh together we can build the foundation for Islamic education.

We pray that Allāh gives us the tawfīq to actualize our duties and responsibilities.

Jazākallāh Khayr and Best Wishes,
Nabi R. Mir (Abidi)
Resident ʿĀlim of SABA Islamic Center

Lesson 1: The Spiritual Season

Objective: Children will learn about the significance of the months of Rajab and Shaʿbān, and how to prepare for the month of Ramaḍān.

Alḥamdulilāh, the spiritual season of the Islamic calendar is about to begin! Our Noble Prophet, Prophet Muḥammad (ṣ), has said, *"Rajab is the month of Almighty God, Shaʿbān is my month, and Ramaḍān is the month of my people."*[1] This season is the best time to improve ourselves so that we can get closer to Allah. In the month of Ramaḍān, we are the guests of Allah. Subḥānallāh, what a great honor! We want to make sure we are spiritually renewed and ready for this blessed month. How can we get ready for the month of Ramaḍān?

Think about when we are getting ready to go to the masjid. First, we must make sure we are clean, and if we are not, we bathe or wash ourselves. Once we are clean, the next thing we must do is wear nice clothes and other beautiful things that are recommended to wear to the masjid. Similarly, the month of Rajab is the time for us to wash ourselves spiritually. One way we can do this is by doing istighfār, or asking for Allah's forgiveness, for the mistakes we have made. Then, in Shaʿbān, we can beautify our souls by doing various acts of worship, including reciting Qurʿān, giving ṣadaqah, being kind to our parents, reciting ṣalawāt, and fasting if we are able to. These acts of worship help beautify our souls, which can help us get closer to Allah. Let's do an activity to show how we can get ready for the month of Ramaḍān!

1 Mafātīḥ al-Jinān

Spiritual Season Hands

Suggested Ages: 5+

Time: 30 minutes

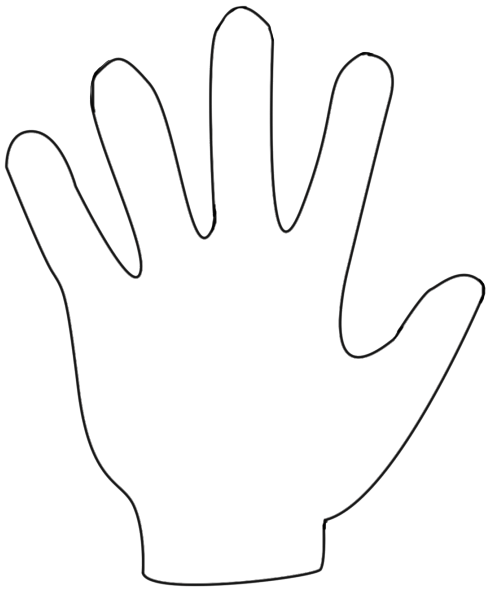
Materials:

- Hands template
- Crayons/colored pencils

Procedure:

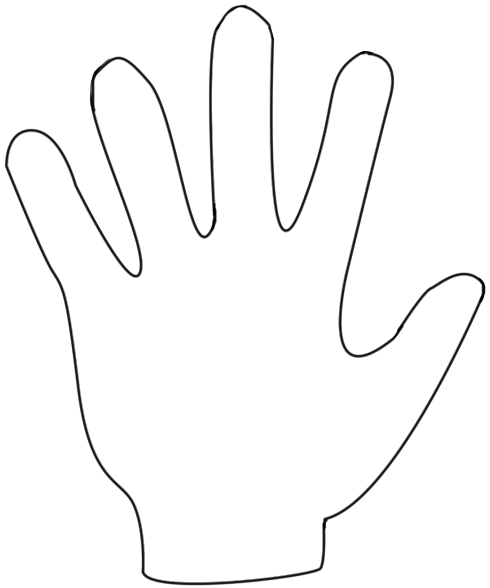
1. In the Rajab section, color and draw how you would wash your hands.
2. In the Shaʿbān section, color and draw what nice things you would wear to the masjid.
3. In the month of Ramaḍān section, color and decorate your hands when they are in prayer.

RAJAB



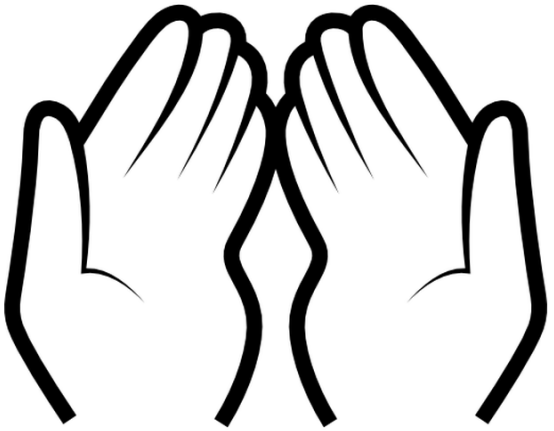
cleaning and washing

SHAʿBĀN



wearing nice things

RAMAḌĀN



ready to pray!

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Lesson 2: The Splitter and Spreader of Knowledge

Objective: Children will learn about the 5th Imām (ʿa) and the importance of gaining knowledge.

Over the next two months, we will be celebrating the wilādahs of many different Maʿṣūmīn, and today is the wilādah of two special people! The 1st of Rajab is the wilādah of our 5th Imām, Imām Muḥammad al-Bāqir (ʿa), and the wilādah of Sayyidah Sakina (ʿa), the daughter of Imām Ḥusayn (ʿa). Did you know that they were both present during the tragedy of Karbala? Today, we will be focusing on the 5th Imām (ʿa) and what he has told us about gaining knowledge.

Imām al-Bāqir (ʿa) is known as "Bāqir al-ʿUlūm," which means the splitter and spreader of knowledge. What does this name mean? Sometimes, knowledge is too complicated for people to understand, and sometimes people can't reach or don't have access to knowledge. Imām al-Bāqir (ʿa) was able to both split knowledge, making it easier for people to understand, and spread it for everyone to have.

Learning is not just something we do to get good grades. Imām al-Bāqir (ʿa) has said, *"Try to learn knowledge because learning is a good action and study is itself a worship."*[1] This shows us that gaining knowledge isn't just a good thing to do, but also a form of worship. Subḥānallāh! As we have learned earlier, this season is the time for us to do acts of worship so that we can get closer to Allah. Every time we study, go to school, and do homework, we are getting a reward, as long as we remember to make an intention. If our intention of studying and gaining knowledge is to do ʿibādah, or worship, of Allah, then we will succeed not only in learning and increasing our knowledge, but also gaining nearness to Allah, inshāʾAllāh.

1 *Al-Mawāʿiẓ* by Shaykh aṣ-Ṣadūq

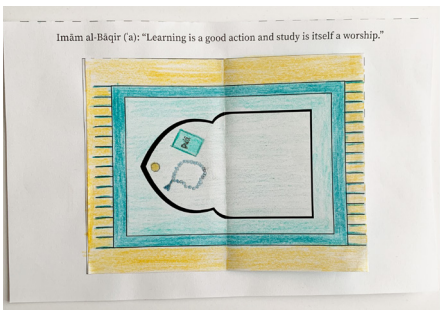
Muṣallā (or Sajjādah) and Book Craft

Suggested Ages: 5+

Time: 40 minutes

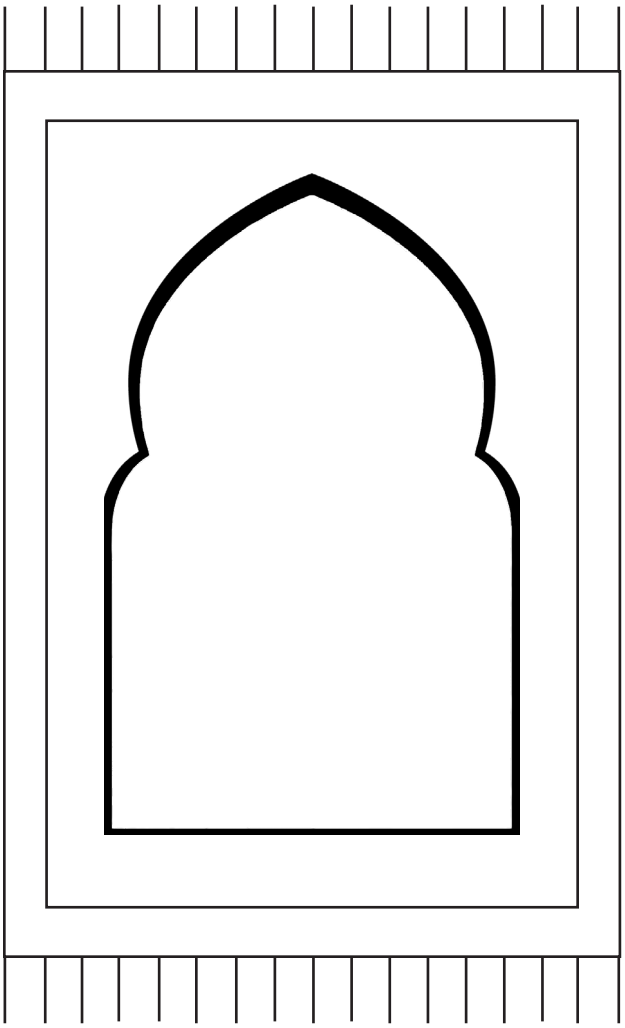
Materials:

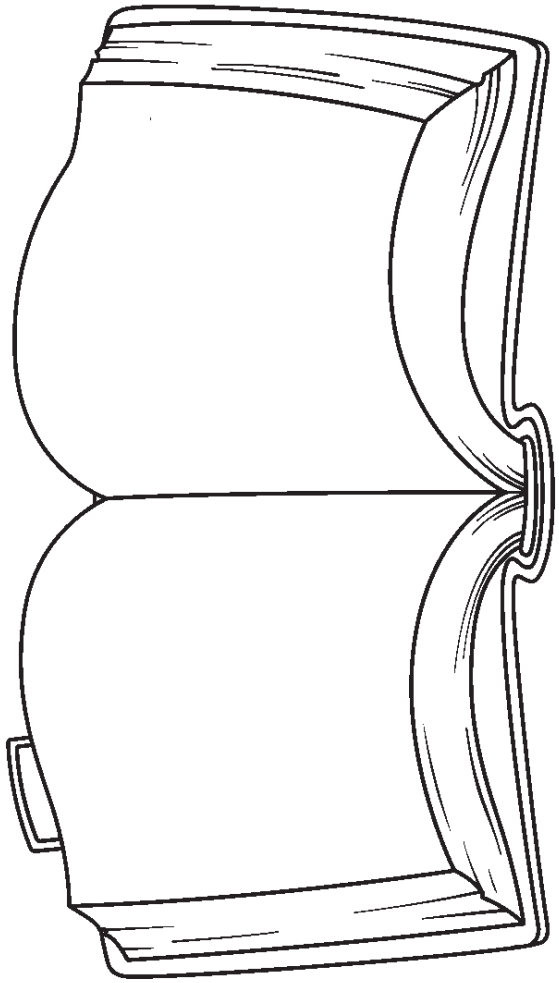
- Muṣallā and book template
- Crayons/colored pencils
- Scissors
- Glue



Procedure:

1. Color and decorate the pictures in the template however you like.
2. Cut the page in half widthwise by cutting along the dotted line. Put aside the bottom half of the page with the ḥadīth on it.
3. Take the part with the pictures on it and cut along the short dotted line that is separating the 2 pictures. Do not cut past the dotted line.
4. Fold in half along the same line. Make sure the pictures are on the outside.
5. Next, fold one of the cut flaps down over the picture. Do the same on the other side.
6. Glue the two sides together, where the 2 pictures are connected at the fold. Be sure the pictures are not glued on.
7. You should be able to fold over that piece to show either the muṣallā or the book.
8. Glue that to the half page with the ḥadīth on it.





Imām al-Bāqir (ʿa): “Learning is a good action, and study is itself a worship.”

glue here

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Lesson 3: Getting Closer to Allah

Objective: Children will learn about the 1st Imām (ʿa) and the importance of seeking forgiveness.

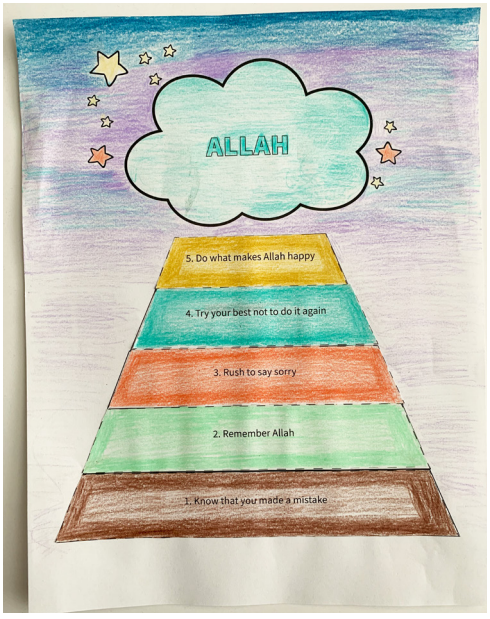
Today is the 13th of Rajab, and it is the wilādah of a very special person: our 1st Imām, Imām ʿAlī (ʿa)! In our ḥadīth, it says that he and the Noble Prophet of Islam (ṣ) are the fathers of the ummah. A father is someone we look to for guidance and support, and Imām ʿAlī (ʿa) is one such person we can go to for guidance. Let's take a look at what advice our 1st Imām (ʿa) has given us on how to gain nearness to Allah.

Earlier, we determined that we should spend our time in this spiritual season cleansing ourselves and striving to get closer to Allah. One act that is recommended to do in the month of Rajab is istighfār, or seeking forgiveness from Allah. Imām ʿAlī (ʿa) has said, *"The best supplication (or means of coming closer to Allah) is seeking forgiveness."*[1] From this ḥadīth, we can see that one of the best ways to get closer to Allah is to seek forgiveness from Him for any mistake we may have made.

Seeking forgiveness is a combination of saying sorry for making a mistake and trying not to repeat that mistake next time. There are a few things we should keep in mind when we are seeking forgiveness, and if we remember these things, then we can decrease our chances of making mistakes and get closer to Allah. Let's do an activity to learn what those things are and how we can remember them.

1 Ghurar al-Ḥikam, Ḥadīth #7667

Steps of Forgiveness


ALLAH
5. Do what makes Allah happy
4. Try your best not to do it again
3. Rush to say sorry
2. Remember Allah
1. Know that you made a mistake

Suggested Ages: 5+

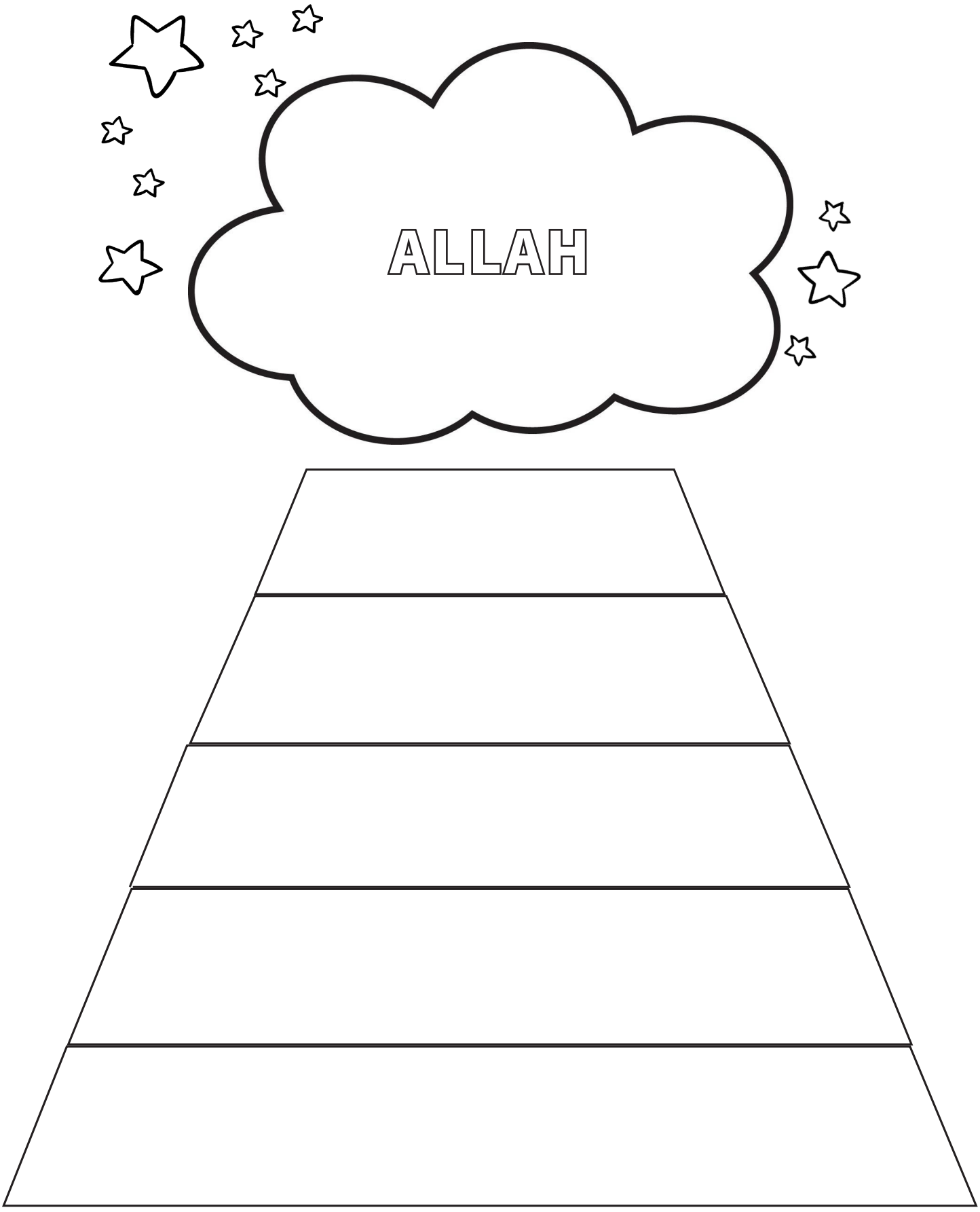
Time: 40 minutes

Materials:

- Pathway template
- Crayons/colored pencils
- Scissors
- Glue

Procedure:

1. Color and decorate the template path picture and pieces however you like.
2. Cut out the 5 pieces from the second page of the template.
3. Match the pieces to the place on the path picture.
4. Glue each piece to the correct spot on the path.


ALLAH

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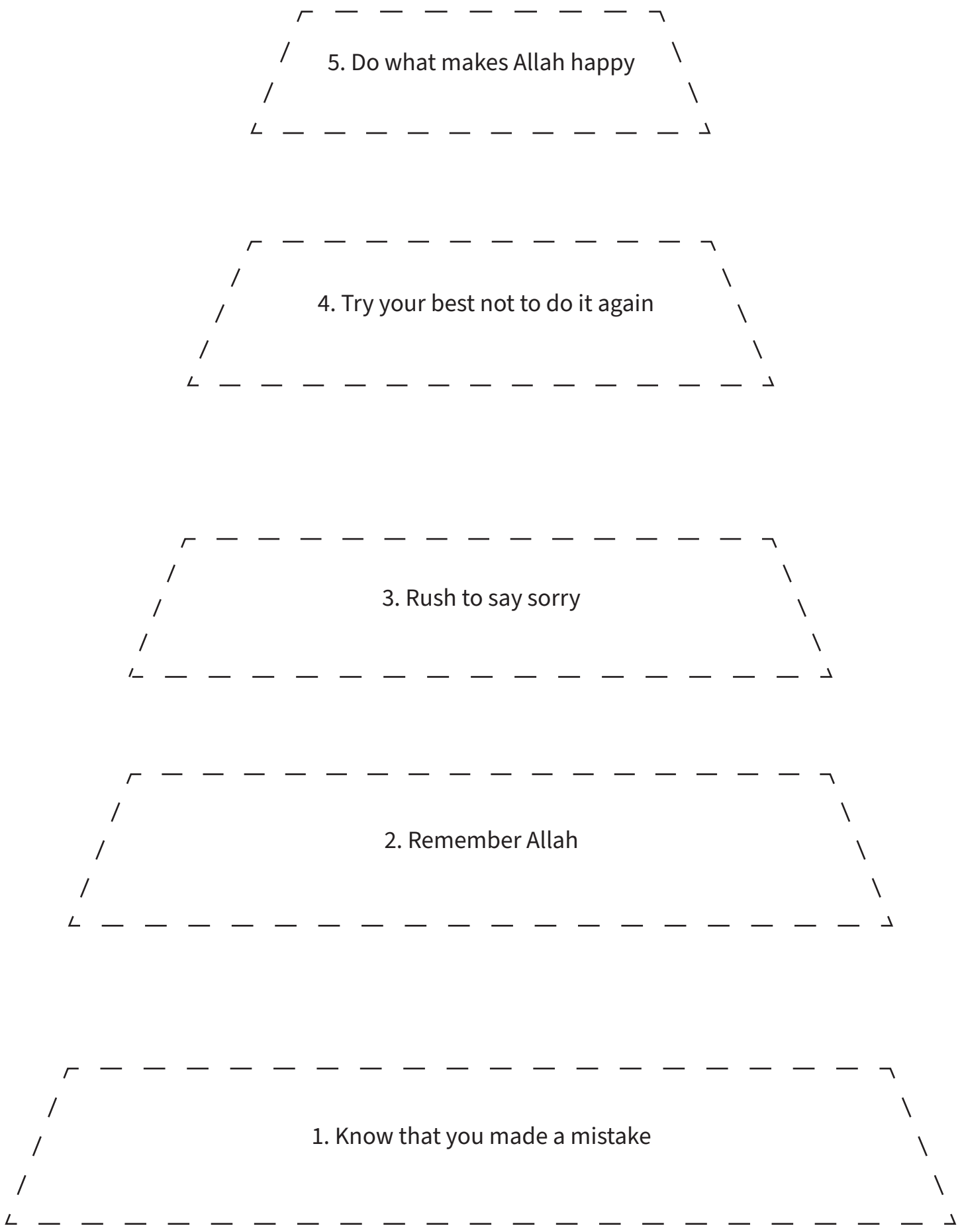
5. Do what makes Allah happy
4. Try your best not to do it again
3. Rush to say sorry
2. Remember Allah
1. Know that you made a mistake

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Lesson 4: Eid al-Mabʿath

Objective: Children will learn about Eid al-Mabʿath and the importance of reading Qurʾān.

Today is the 27th of Rajab, and it is a very special day in the Islamic calendar, known as Eid al-Mabʿath. On this day, our Noble Prophet, Prophet Muḥammad (ṣ), started his Prophethood and began teaching people about Islam. Alḥamdulillāh! It is such an important day for us because it is the start of the journey of Islam, a journey that we are a part of today.

Before he was a Prophet, Prophet Muḥammad (ṣ) lived in the city of Mecca, and used to spend time in a cave on Mount Ḥirāʾ. One day, when he was 40 years old, while sitting in the cave, an angel appeared to him. It was Angel Jabrāʾīl! He had come with the first message from Allah to the Noble Prophet (ṣ), and it was the first verse of the Qurʾān to ever be revealed. The verse was, *"Read in the name of your Lord who created."*[1] From that day for the next 13 years, the verses of the Qurʾān were revealed to Prophet Muḥammad (ṣ) — the same Qurʾān that we read today!

The Qurʾān is an all-encompassing book. It includes the rulings of Islam, lessons from stories of the Prophets and others in history, descriptions of what kind of akhlāq, or manners, we should have, and so much more. As Muslims, we should study the meanings of the Qurʾān and learn from its many lessons. The first step to do this is recite it regularly. It is important to recite the Qurʾān as much as we can, even if we don't necessarily know all of the meanings. In this spiritual season, one of the many good acts of worship to do is recite the Qurʾān. As we grow older, we can slowly learn the meanings and lessons in order to understand what Allah is teaching us and to get closer to Him, inshāʾAllāh!

1 Noble Qurʾān 96:1

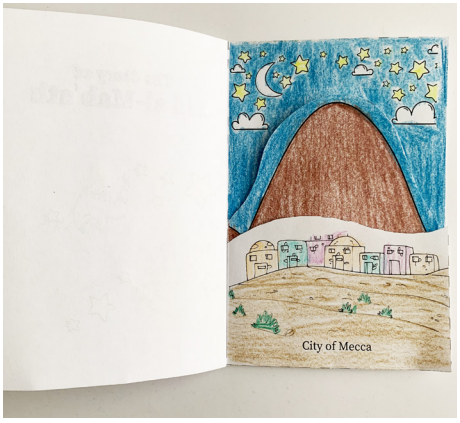
Eid al-Mabʿath Layered Book

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Layered book template
- Crayons/colored pencils
- Scissors
- Glue
- Optional: stapler

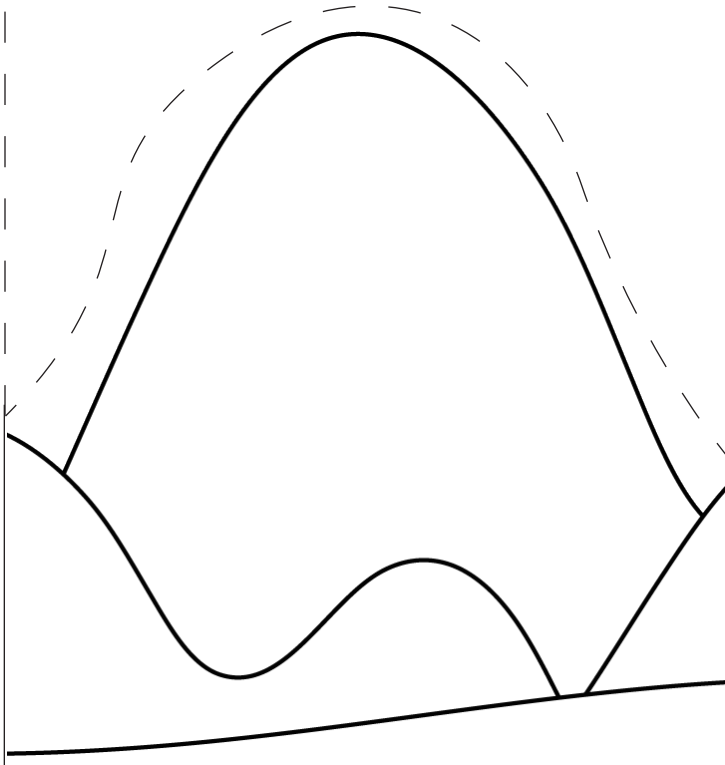


Procedure:

1. Color and decorate the pictures on the 4 squares however you like. Note: some parts of some squares will be cut off or covered, so be sure to not color there.
2. Cut out each of the 4 squares by cutting in half both ways on the dotted lines. These will be the pages of the book.
3. Put aside the cover page that has the title, and the page that has the moon and stars on it. They will be used later.
4. Take the square with the city on it and cut along the dotted lines. Be sure to leave the strip of paper on the left side of that square.
5. Next, take the square with the mountain on it and cut along the dotted lines. Again, be sure to leave the strip of paper on the left side.
6. Now, arrange the pages in this order: 1.) cover page with the title, 2.) city page, 3.) mountain page, and 4.) moon and stars page.
7. Line up the pages and glue the left edges together. Be sure to keep the order the same (optional: staple the left edge of the book).
8. When you turn the cover page open, you should see the city, the mountain behind it, and the moon and stars at the very back. As you turn each page, the image of the event of Mabʿath will be revealed.
9. Finish coloring and decorating the book however you like.

The Story of Eid al-Mabʿath

page 3; glue spine here

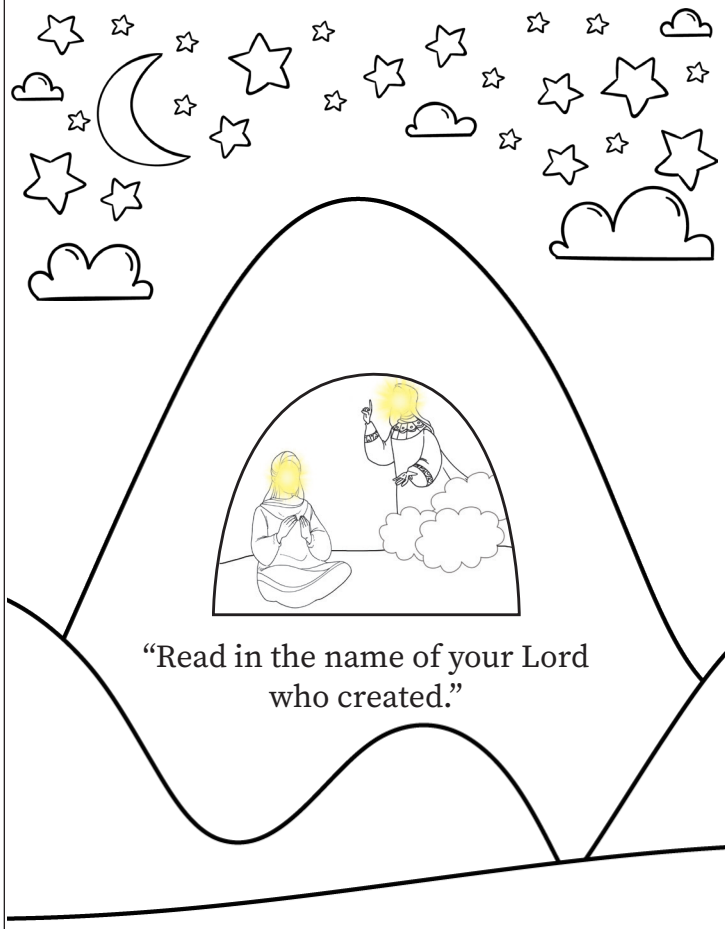


Mount Ḥirāʾ

page 2 (after cover); glue spine here

City of Mecca

last page; glue spine here



"Read in the name of your Lord who created."

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Lesson 5: Little Intercessors

Objective: Children will learn about the 3rd Imām (ʿa) and one way of seeking forgiveness.

We have begun the month of Shaʿbān, and there are many wilādahs in this blessed month! Today is the 3rd of Shaʿbān, the wilādah of our 3rd Imām, Imām Ḥusayn (ʿa). He was the second son of Sayyidah Fāṭimah (ʿa) and Imām ʿAlī (ʿa). His older brother was Imām Ḥasan (ʿa), and they had such a wonderful brotherly bond. Let's take a look at one story of these two brothers from when they were children.

One day, while the two young Imāms were playing, they met a man who was very sad. The man was sad because he had made a mistake and was ashamed of what he had done. When he saw the Imāms, he knew they were the grandsons of the Noble Prophet (ṣ), and asked if they would go with him to the masjid, where the Noble Prophet (ṣ) was. They agreed, and when they arrived there, the man said that he wanted to ask Allah for forgiveness. Prophet Muḥammad (ṣ) saw that the man was sincere, and told him that Allah had forgiven him for the sake of the love of these two young Imāms.

We learned earlier that one of the best ways to get closer to Allah is to seek forgiveness from Him for any mistake we may have made. Seeking forgiveness is an act of worship that is recommended to do in the spiritual season, but can also be done at other times. Sometimes it is hard to seek forgiveness, but there is a way we can with the help of the maʿṣūmīn. We can pray to Allah and ask for forgiveness through the Maʿṣūmīn, because they are close to Allah. This is called shafāʿah, which means intercession, or praying for someone on their behalf. Inshāʾ Allah, we hope the Maʿṣūmīn will pray to Allah on our behalf.

You can read the whole story and more in the *Little Leaders From Heaven* book.

Path to Allah

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Maze template
- Crayons/colored pencils
- Scissors
- Glue

Procedure:

1. Color and decorate the pictures however you like.
2. Cut all along the dotted line on the outer edge of the template.
3. Fold the rectangle into 3 sections, along the lines. Make sure the section with the rocketship and the name Allah is facing up. The section with words should be on the back.
4. With the section with the rocketship and the name Allah is facing up, cut along the dotted lines. Do not cut past the dotted line.
5. When you flip open the flap, it should reveal the stars picture underneath.
6. Glue the 2 side flaps down to the place where it says "glue here."
7. You should be able to open and close the middle flap to reveal "Ahl al Bayt (ʿa)."
8. The path to Allah can be hard sometimes, but if we ask the Ahl al Bayt (ʿa) for help, the path can be easier, inshāʾ Allah!

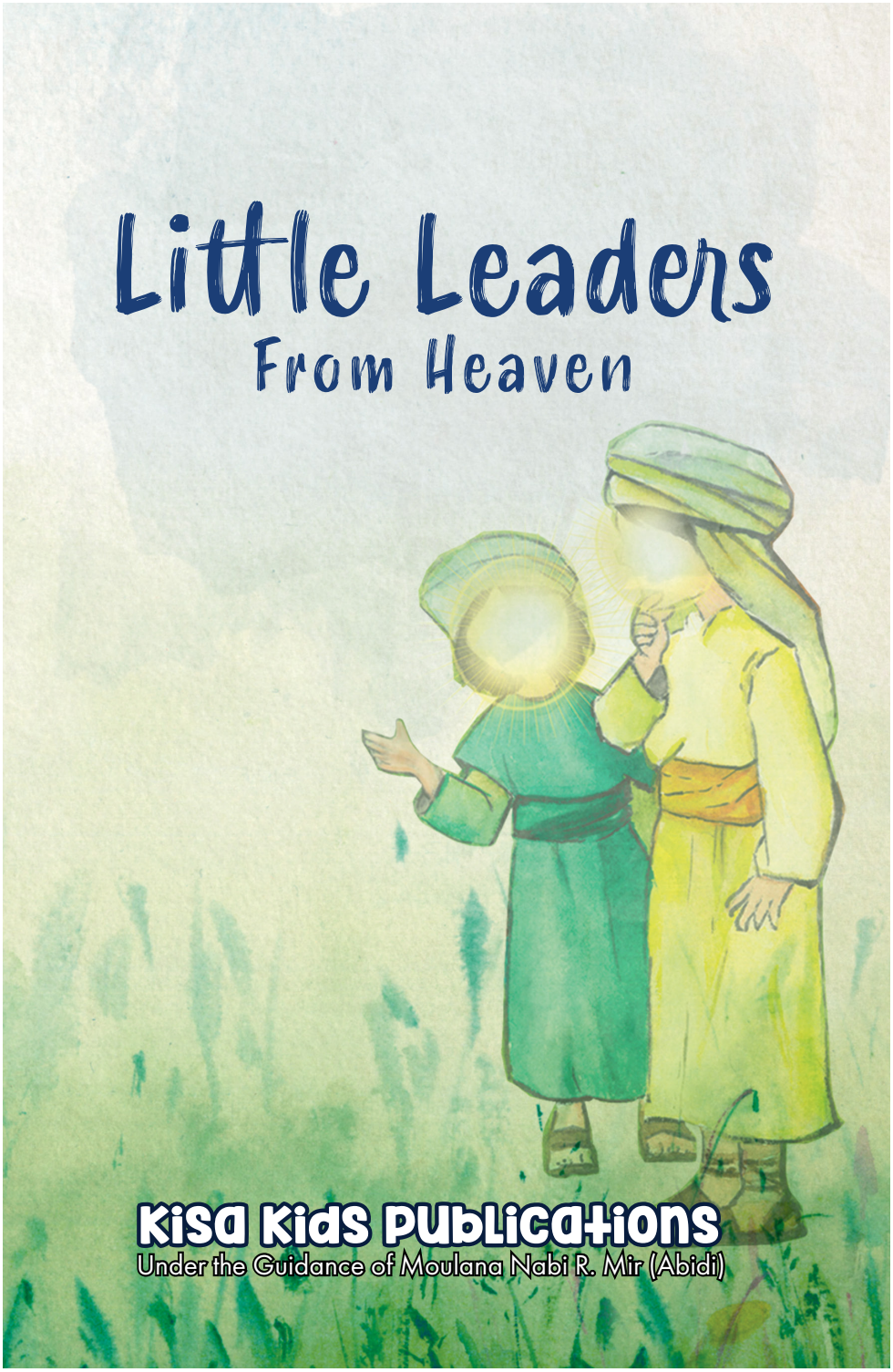
glue here

AHL AL-BAYT (ʿA)

glue here

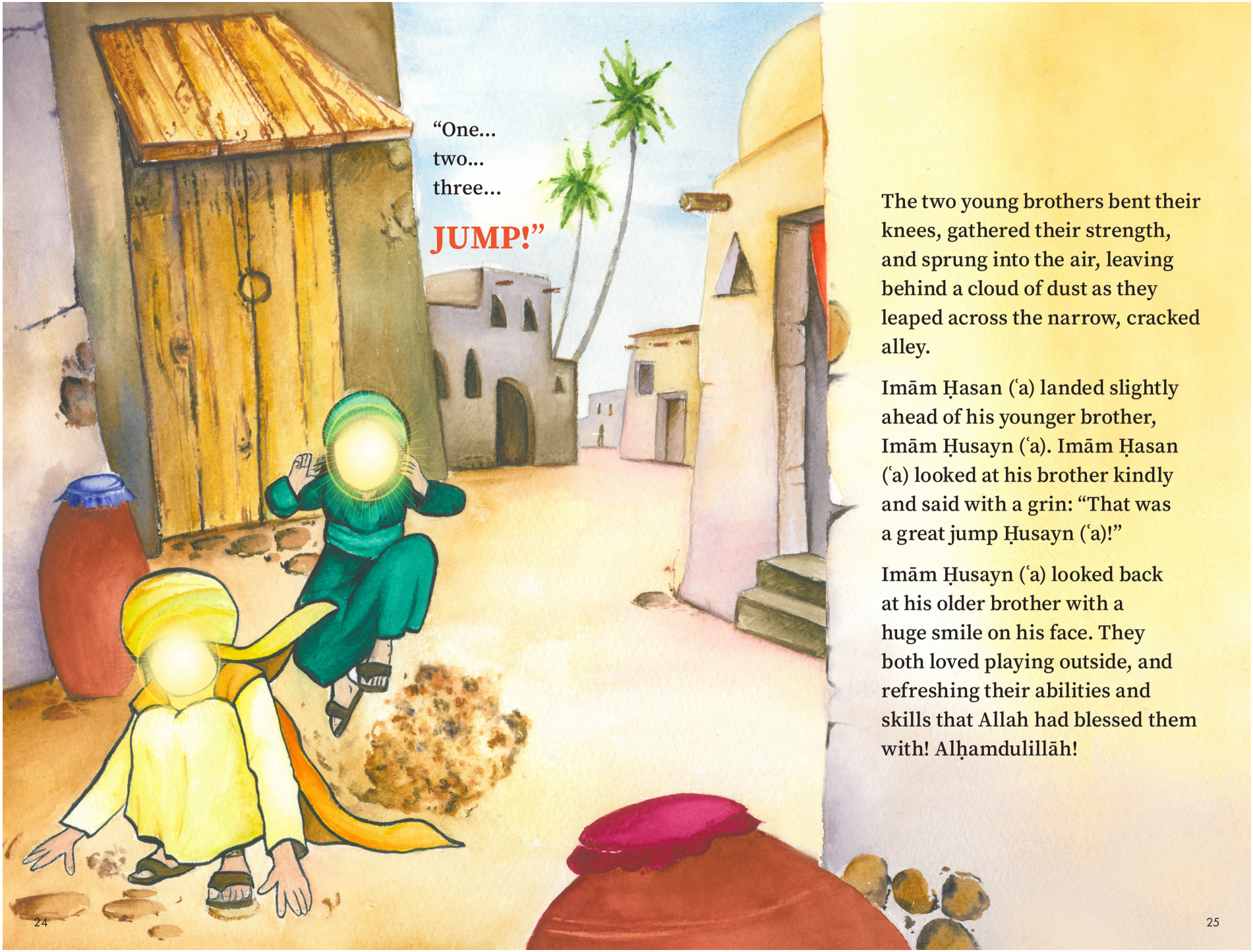
We can pray to Allah
and seek forgiveness from Him
through the Ahl al-Bayt (ʿa).

Story from the *Little Leaders From Heaven*



Chapter 2

Intercessors

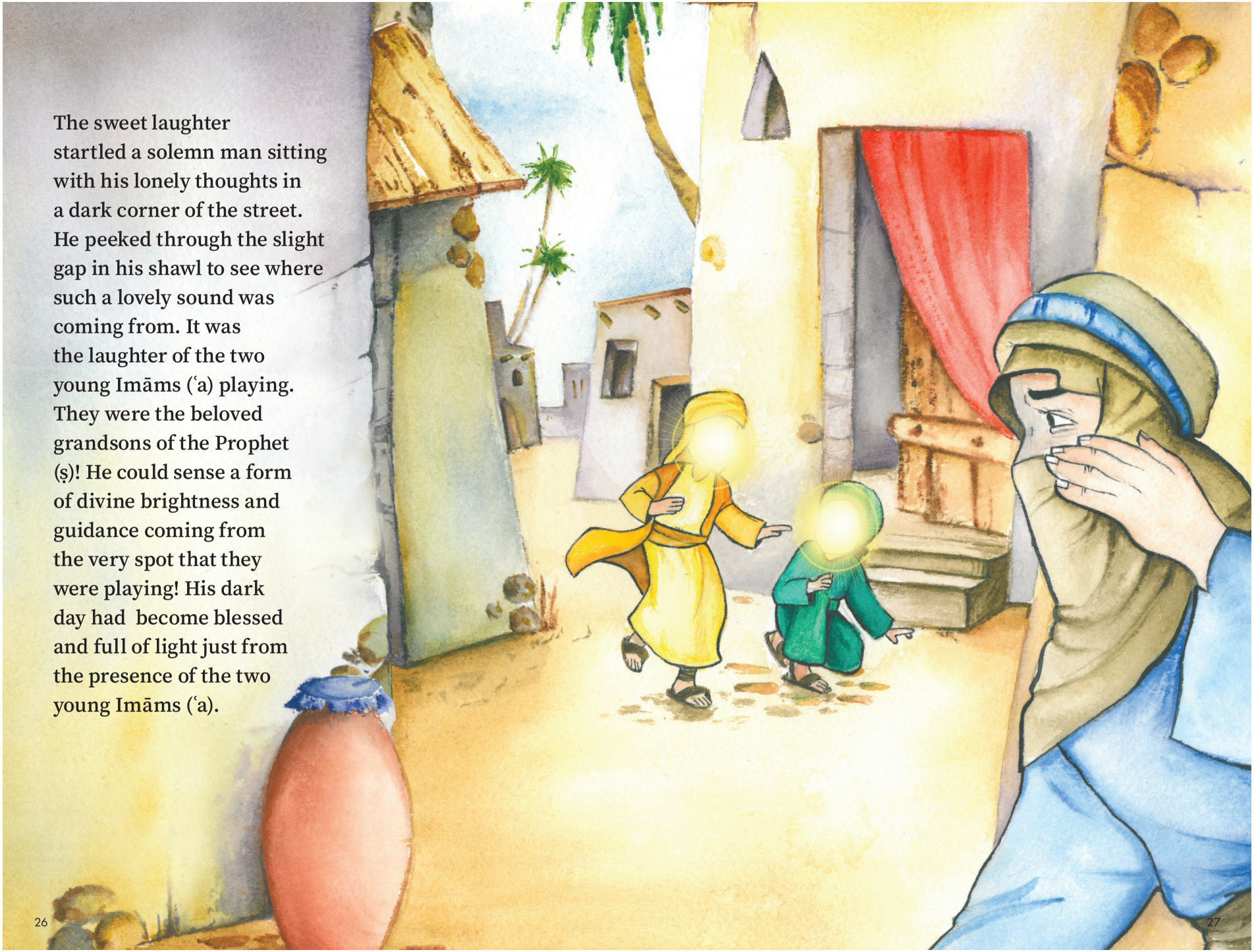


The two young brothers bent their knees, gathered their strength, and sprung into the air, leaving behind a cloud of dust as they leaped across the narrow, cracked alley.

Imām Ḥasan (ʿa) landed slightly ahead of his younger brother, Imām Ḥusayn (ʿa). Imām Ḥasan (ʿa) looked at his brother kindly and said with a grin: "That was a great jump Ḥusayn (ʿa)!"

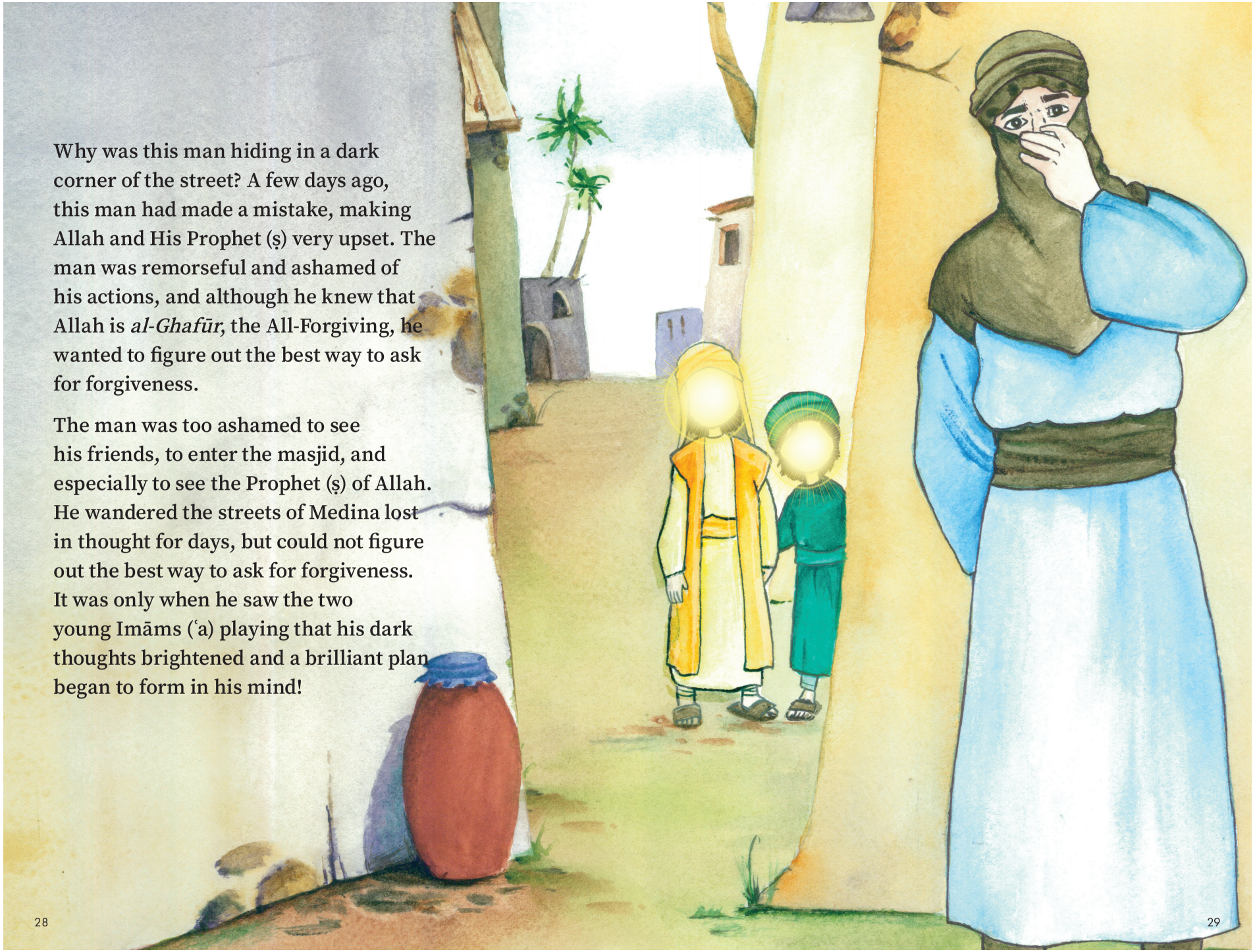
Imām Ḥusayn (ʿa) looked back at his older brother with a huge smile on his face. They both loved playing outside, and refreshing their abilities and skills that Allah had blessed them with! Alḥamdulillāh!

The sweet laughter startled a solemn man sitting with his lonely thoughts in a dark corner of the street. He peeked through the slight gap in his shawl to see where such a lovely sound was coming from. It was the laughter of the two young Imāms (ʿa) playing. They were the beloved grandsons of the Prophet (ṣ)! He could sense a form of divine brightness and guidance coming from the very spot that they were playing! His dark day had become blessed and full of light just from the presence of the two young Imāms (ʿa).



Why was this man hiding in a dark corner of the street? A few days ago, this man had made a mistake, making Allah and His Prophet (ṣ) very upset. The man was remorseful and ashamed of his actions, and although he knew that Allah is *al-Ghafūr*, the All-Forgiving, he wanted to figure out the best way to ask for forgiveness.

The man was too ashamed to see his friends, to enter the masjid, and especially to see the Prophet (ṣ) of Allah. He wandered the streets of Medina lost in thought for days, but could not figure out the best way to ask for forgiveness. It was only when he saw the two young Imāms (ʿa) playing that his dark thoughts brightened and a brilliant plan began to form in his mind!



With hope, the man began walking toward the grandsons of the Prophet (ṣ).

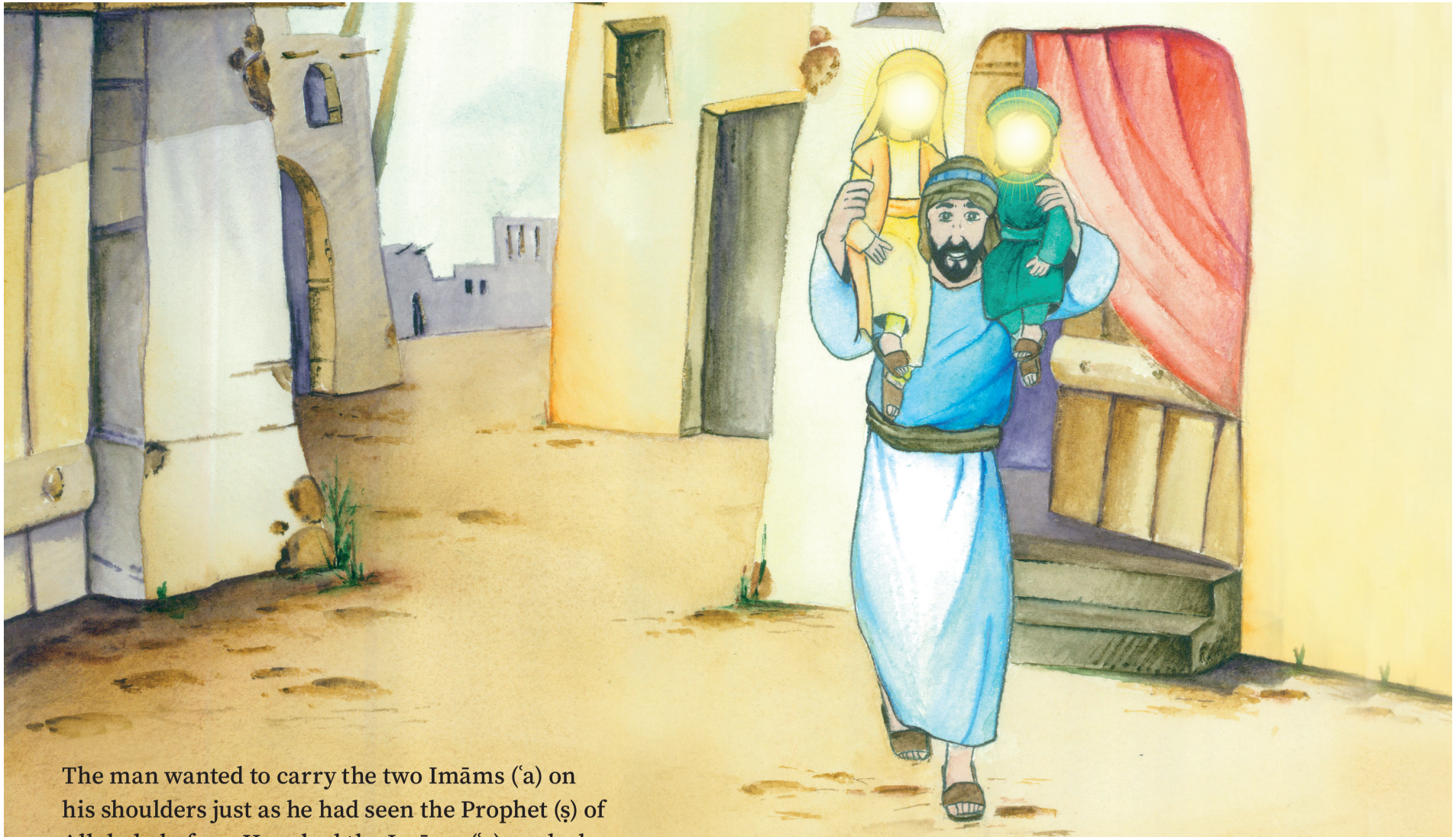
The two brothers paused their game when they noticed a man walking toward them. The man kept his face down, avoiding eye contact with the young Imāms (ʿa).

"Salāmun ʿalaykum, O children of Rasūlullāh (ṣ)," he said in a low voice as he reached the spot where the two young Imāms (ʿa) were standing.

The brothers recognized the sad man! He lived nearby and often prayed at the masjid, and sat with their grandfather. The Imāms (ʿa) could see the deep sadness in the man's eyes. They responded warmly to his greeting, saying "Wa ʿalaykum salām, dear Uncle." The two Imāms (ʿa) were so welcoming and sincere that the man could not help but smile.

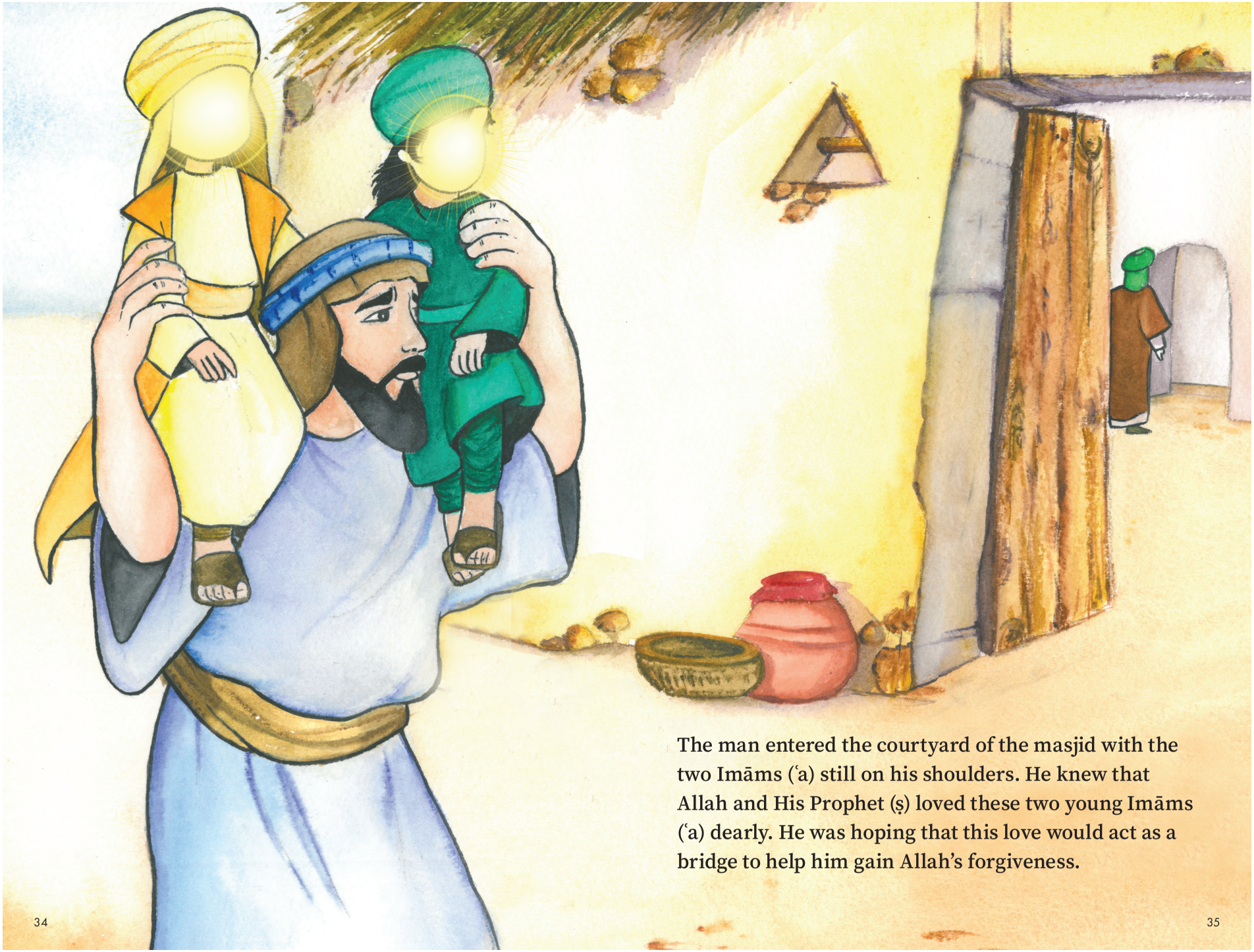
The man looked at the bright faces in front of him and understood why the Prophet (ṣ) of Allah loved these two Imāms (ʿa) so dearly.

With a heart full of hope, the man took a deep breath, praying that his plan would work.



The man wanted to carry the two Imāms (ʿa) on his shoulders just as he had seen the Prophet (ṣ) of Allah do before. He asked the Imāms (ʿa), and when they happily agreed, he swooped them up onto his shoulders and started briskly walking through the busy streets of Medina, making his way toward the masjid, eagerly wanting to talk to the Prophet (ṣ) of Allah.

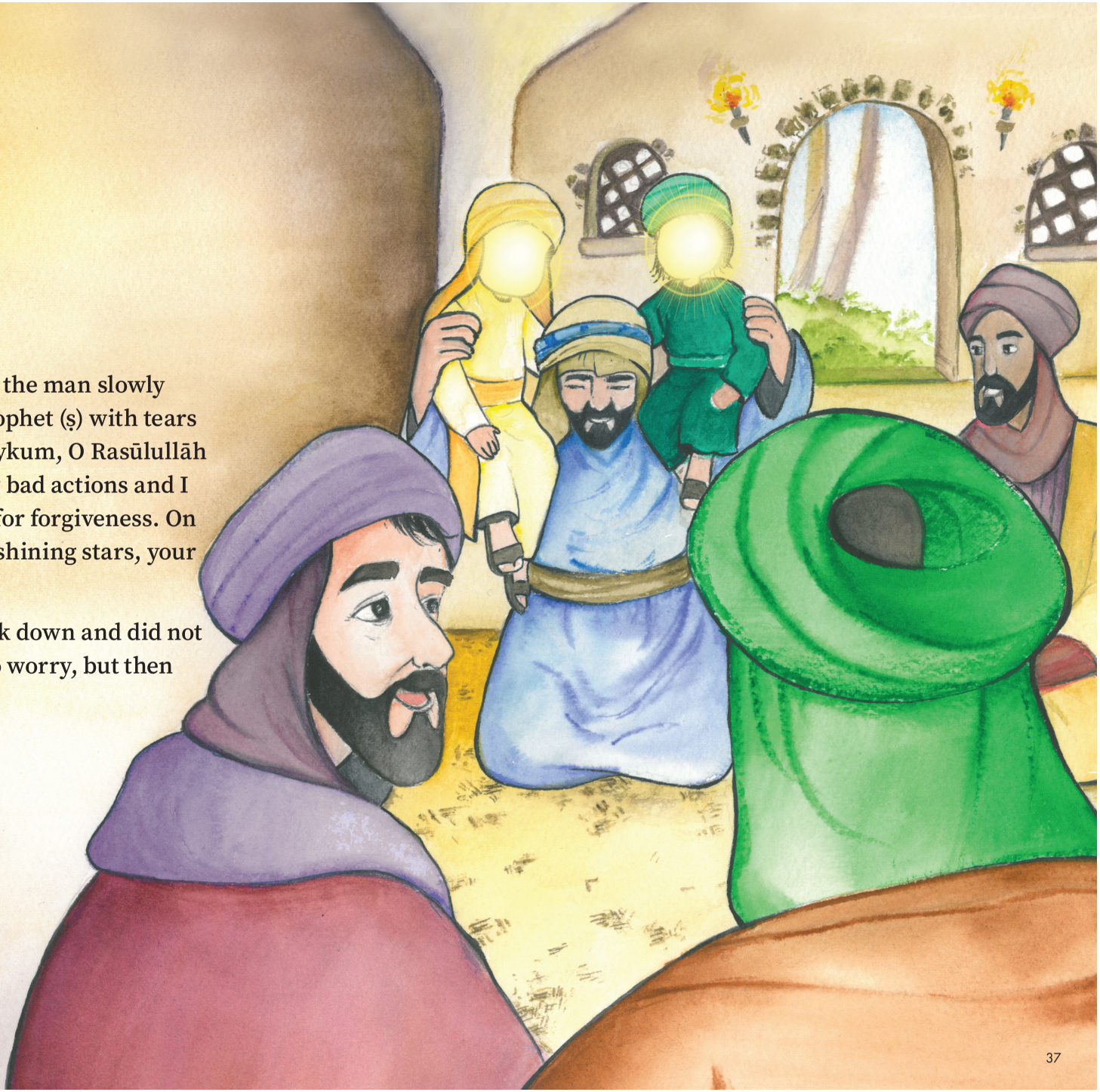
The man's heart was pounding and full of hope as he approached the masjid. The moment that he could be forgiven was now here! He took a deep breath and made his way to Rasūlullāh (ṣ) who was busy talking to his companions.



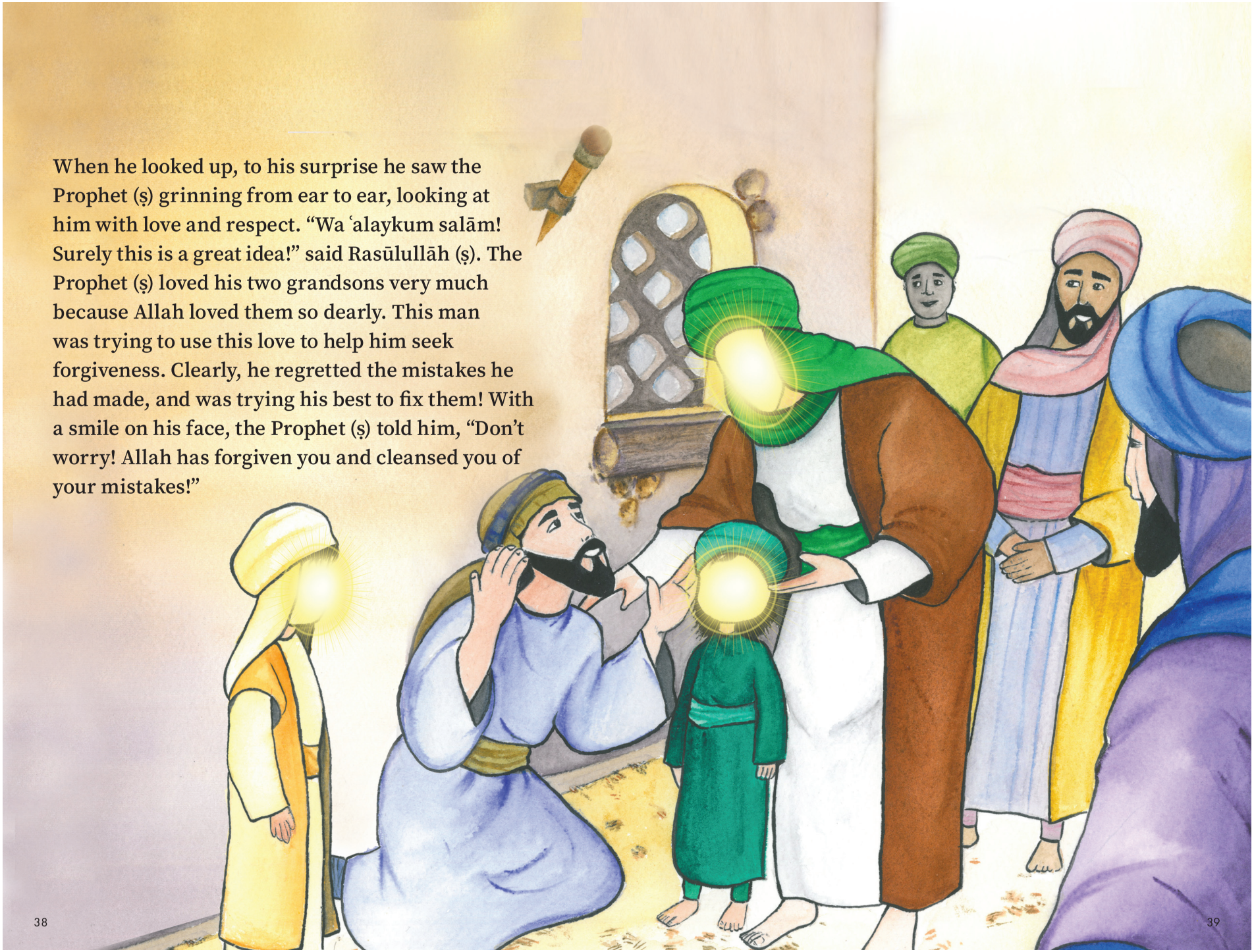
The man entered the courtyard of the masjid with the two Imāms (ʿa) still on his shoulders. He knew that Allah and His Prophet (ṣ) loved these two young Imāms (ʿa) dearly. He was hoping that this love would act as a bridge to help him gain Allah's forgiveness.

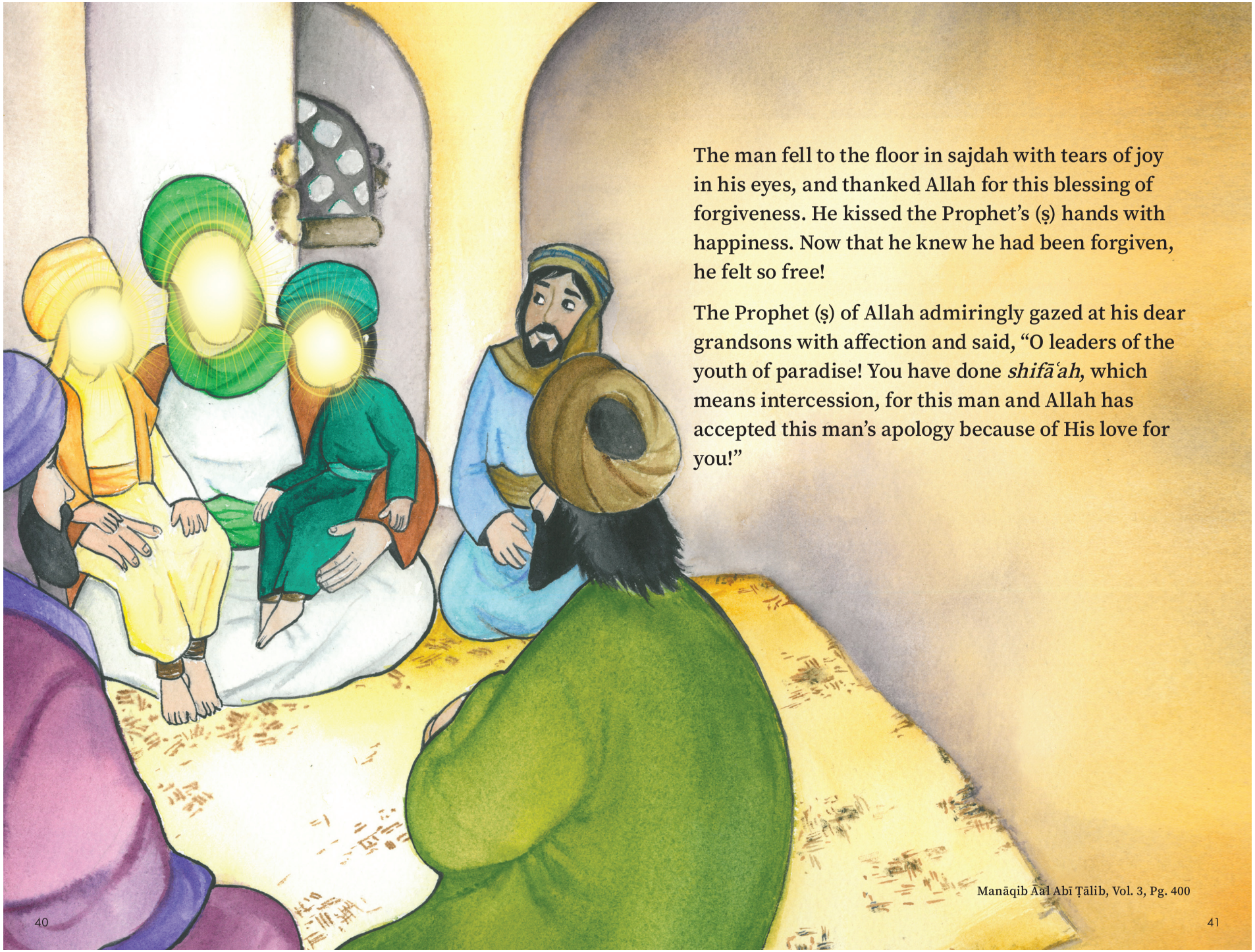
With his head bent down, the man slowly began to approach the Prophet (ṣ) with tears in his eyes, “Salāmun ʿalaykum, O Rasūlullāh (ṣ), I am very sorry for my bad actions and I ask Allah, the Almighty, for forgiveness. On my shoulders, I have two shining stars, your pure grandsons!”

The man continued to look down and did not hear a sound. He began to worry, but then heard a sweet chuckle.



When he looked up, to his surprise he saw the Prophet (ṣ) grinning from ear to ear, looking at him with love and respect. “Wa ʿalaykum salām! Surely this is a great idea!” said Rasūlullāh (ṣ). The Prophet (ṣ) loved his two grandsons very much because Allah loved them so dearly. This man was trying to use this love to help him seek forgiveness. Clearly, he regretted the mistakes he had made, and was trying his best to fix them! With a smile on his face, the Prophet (ṣ) told him, “Don’t worry! Allah has forgiven you and cleansed you of your mistakes!”





The man fell to the floor in sajdah with tears of joy in his eyes, and thanked Allah for this blessing of forgiveness. He kissed the Prophet's (ṣ) hands with happiness. Now that he knew he had been forgiven, he felt so free!

The Prophet (ṣ) of Allah admiringly gazed at his dear grandsons with affection and said, "O leaders of the youth of paradise! You have done *shifāʿah*, which means intercession, for this man and Allah has accepted this man's apology because of His love for you!"

Manāqib Āal Abī Ṭālib, Vol. 3, Pg. 400

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Lesson 6: Remembering the Imām of Our Time

Objective: Children will learn about the 12th Imām (ʿa) and the importance of remembering him.

Today is a very special day! It is the 15th of Shaʿbān, the wilādah of the 12th Imām, Imām Muḥammad al-Mahdī (ʿa). He is special because he is the Imām of our time, living today, and we want to make sure we are his followers. To do that, there are some specific qualities and characteristics of a believer that we should have.

What are some things we can do to be the best believers we can be? Allah has told us what the qualities of a good believer are, which we can find in the Qurʾān. In the Qurʾān, it says believers are those who when they think of Allah, their hearts are aware of the consequences; when they hear the Qurʾān, their faith grows; they trust Allah, pray ṣalāh, and give ṣadaqah.[1] From these verses, we can see what we need to do to be good believers, besides the other actions and behaviors Allah has asked us to do and have.

As we get closer to the holy month of Ramaḍān, we want to make sure we are remembering him when we are performing the different acts of worship, and to pray for his ẓuhūr when we are praying for our needs. It is important for us to remember our Imām (ʿaj) not just on his wilādah, but every day!

1 Noble Qurʿān 8:1-3

Glasses of a Believer

Suggested Ages: 5+

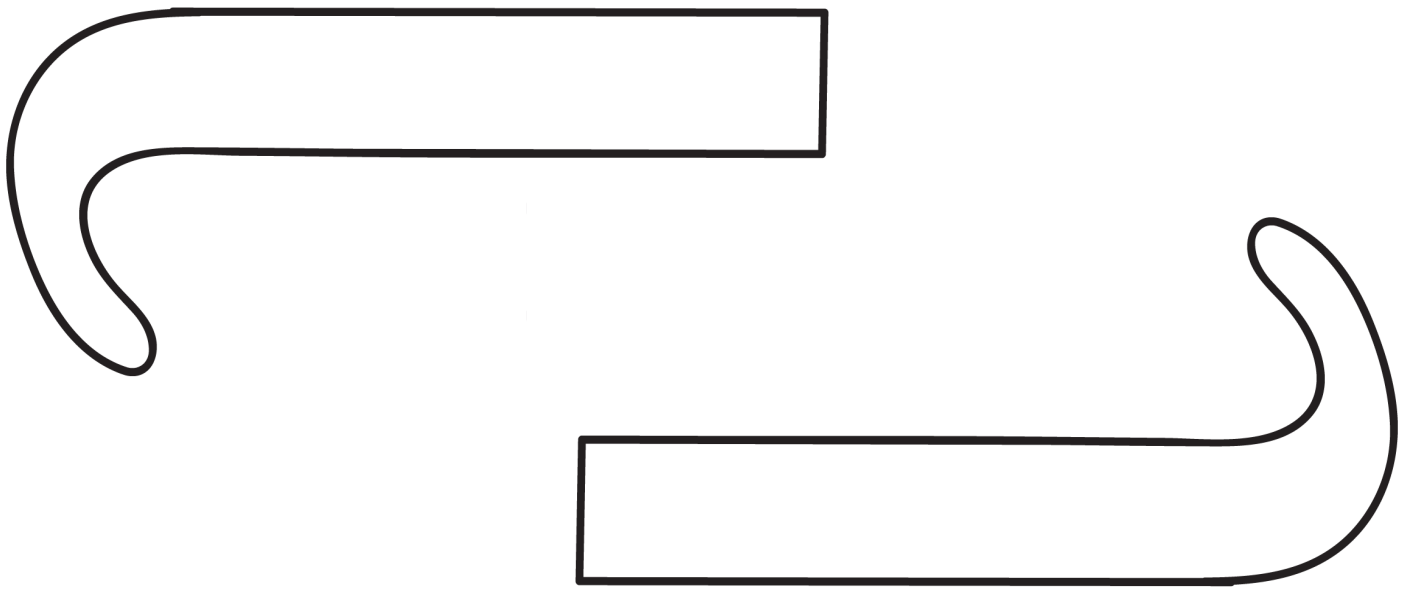
Time: 40 minutes

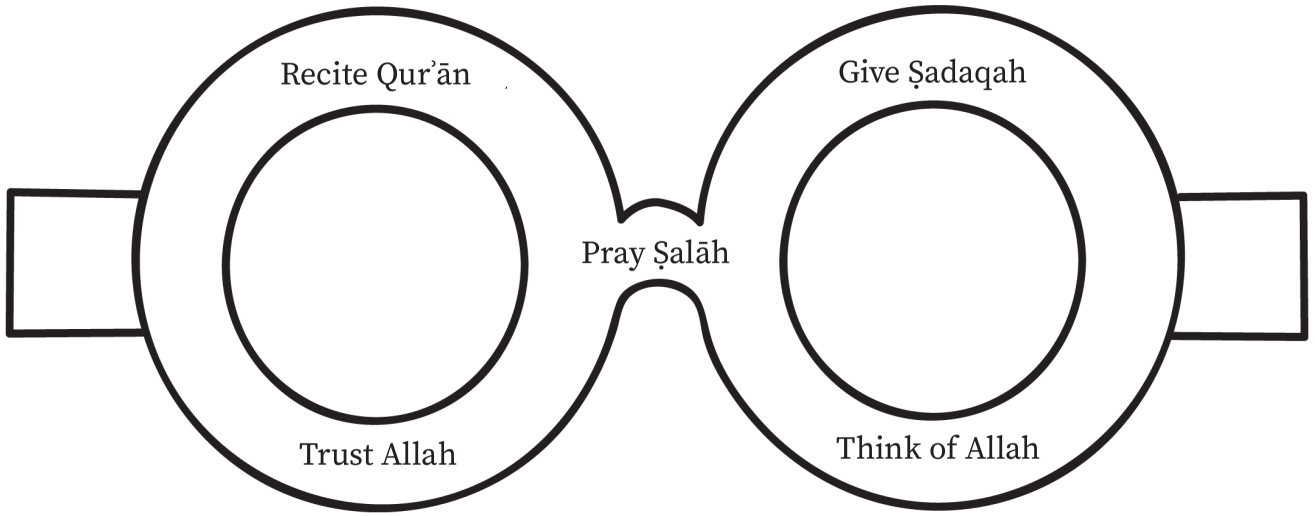
Materials:

- Glasses template
- Crayons/colored pencils
- Scissors
- Glue

Procedure:

1. Color and decorate the glasses template however you like.
2. Cut out all of the pieces from the glasses template.
3. Then, cut out the circles in the middle of the glasses frame where the glass would be.
4. Next, fold the two tabs on either end of the glasses frame.
5. Glue the straight end of the sticks to each tab. Make sure the words and decorated parts are on the outside when you wear it.
6. Get creative! You can decorate the glasses frame with stickers, glitter, and other materials.
7. Craft from: https://tjannah.com/2020/04/07/10-ways-to-connect-to-imam-mahdi/




Recite Qur'ān
Give Ṣadaqah
Pray Ṣalāh
Trust Allah
Think of Allah

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